

## RSEM-GSA 2017

### RESIDENCY PROGRAMS' COMPETITIONS INSTRUCTIONS AND GUIDELINES

#### Introduction:

RSEM 17 will run 2 Residency Programs' competitions:

- 1- **SonoGames:** is a registered trade mark for the SAEM/AEUS in the USA and held for the second time outside the USA in the Gulf region. It involves testing the Emergency ultrasound knowledge and hands-on skills for the residents.
- 2- **Simwar Competition:** is a well-known simulator based competition involving clinical scenarios.

Both competitions serve an educational component. The questions and challenges encountered by the residency teams will be reviewed and commented on by the judging panel. This will direct the residents to learn the correct answers, skills and develop sound clinical judgment.

Other benefits include medals & cup for the winning teams, trophies for the Program Directors, and certificates of participation endorsed by the SAEM/AEUS for the SonoGames. The airline tickets and the accommodation are NOT covered and have to be paid by the participating teams. *However, the registration fees for the Program Directors and ONE team of residents will be free of charge. Please refer to the details under the "Enrollment Steps" section.*

Moreover, participation offers a venue for national & international networking, exposure, change of experience, as well as spending special time in Jeddah.

One team from each residency program is required to participate in both competitions. The SonoGames will be held on October 16th afternoon and the Simwar on October 18<sup>th</sup> afternoon.

**Enrollment steps: Follow the Statements in Bold**

1. **Prepare a team composed of 3 residents, one Final year resident, and 2 middle level residents (2<sup>nd</sup> or 3<sup>rd</sup> year).** If you prefer to have 2 teams participate, one team for each competition, then the additional team expenses including the registration will be covered by your residency program. However, for teams from outside Saudi Arabia we will still issue visas for any number of residents that require visas, including residents accompanying your team for attending the conference, supporting their team and cheering purposes.
2. **Reply back with an email accepting the invitation and informing us of the participating team(s) residents' names and their levels.** If any of the participating residents will not be able to participate for any reason prior to the beginning of conference we should be notified of the replacing resident name. Please note that if the replacing resident has to get a visa to Saudi Arabia, you need to consider the visa processing time. Accordingly, changes less than 3 weeks prior to the conference will not be accepted.
3. **The Program Director and the participating team(s) have to fill the registration form (and visa form if required) on our website [www.RedSeaEM.com](http://www.RedSeaEM.com) and email it as instructed with any required documents for visa processing.** Please write on the top of the form(s) in capital "RESIDENCY COMPETITION" so we can waive the registration fees for the conference. However, if any of the team members would like to participate in the pre- conference workshop, then he has to circle that on the registration form and pay for it. Please note that other residents accompanying your team(s) for attending the conference, supporting their team and/or for cheering purposes have to register, pay and fill the visa form if required as any other conference delegate.
4. Each team has to choose a name. The dress code for the **SonoGames** will be casual. Each team is encouraged to have a unified dress color for their team members. A logo of the team's institution displayed on the dress is also encouraged and/or the team name. For the **Simwar** the dress code will be scrub suits with same rules applying as mentioned for the SonoGames dress code. **Please email us with your team name and dress color.**

**Preparation:**

The **SonoGames** will have 2 or 3 rounds. The first round will involve questions from the ultrasound literature in the form of jeopardy. The second and third rounds will involve hands on skills. **The second rounds may involve different stations depending on the number of teams need to participating and the filtering-out process to reach the best 3 teams.** The Third round accordingly is usually a scan-off to differentiate between the best 3 teams and reach the Champion !

Example of round 2 stations: **Station 1** is a scanning station testing scanning speed and quality which is usually done on volunteers, **Station 2** can involve common Emergency ultrasound guided procedures and will test the ability to successfully accomplish the task required as well as the speed. This will be done on manikins or phantoms. **Station 3** may involve short clinical case scenarios and will test the ability to choose the correct type of ultrasound required, performing it and finding the pathology of interest. This will be done on ultrasound Simulators.

**The Simwar** will involve clinical scenarios on a fully equipped state-of-the-art Sim Man. The Scenarios will test major common Emergencies. The teams will be tested in the clinical management of such case, as well as team dynamics and skills. The team will be scored points based on the above mentioned areas using a standardized scoring sheet that will be handled by the Judging Panel. The Simwar will involve several rounds to filter the competing teams.

Preparation should take into consideration the above information to prepare adequately. We suggest that teams who have access to manikins, simulators or simulator labs in their programs or nearby programs can use that for training. However, teams who don't have such privilege can do table top exercises on clinical scenarios to prepare.

We will try to give the participating residents the opportunity for familiarization with the ultrasound machines that will be used in the competition on October 15<sup>th</sup> evening and October 16<sup>th</sup> early morning. Same opportunity will be available for orientation and familiarity with the Sim Man on October 17<sup>th</sup> evening, and October 18<sup>th</sup> early morning prior to the Simwar.

Full live instructions will be given by the judging panel prior to the beginning of each part of the respective competition and any questions will be clarified.

For additional info on the SonoGames and Simwar specially the ones organized under SAEM please search the "You Tube" for video recordings on both competitions

**Arrival, Departure and Accommodation (For Teams from outside Jeddah):**

We suggest arrival on October 15<sup>th</sup> and departure on October 19<sup>th</sup>. However for teams who are on tight schedule, departure on October 18<sup>th</sup> after the conclusion of the Conference is acceptable. For this purpose flights should be booked on October 18th NOT earlier than 1930 hrs to allow time for transportation to the airport and arrival well before your scheduled flights.

We will provide courtesy pickup and drop off service for teams coming from outside Jeddah. **So once you do your air flight bookings email our Conference Coordinator with that info so we can arrange this service for your team.**

For accommodation our website will carry info regarding nearby hotels, in case the group block rooms runs out in the Conference Hotel, the Intercontinental Jeddah. This info will be posted after the 1<sup>st</sup> week of September.

**Further info, queries or suggestions:**

Log to [www.RedSeaEM.com](http://www.RedSeaEM.com) **OR**

Email :

Conference Coordinator: [rallahbaksh@kfshrc.edu.sa](mailto:rallahbaksh@kfshrc.edu.sa)

SonoGames : [malgithami@kfshrc.edu.sa](mailto:malgithami@kfshrc.edu.sa) & [diyaanawar@kfshrc.edu.sa](mailto:diyaanawar@kfshrc.edu.sa)

Simwar: [ssameh@kfshrc.edu.sa](mailto:ssameh@kfshrc.edu.sa) & [jameel.abualenain@gmail.com](mailto:jameel.abualenain@gmail.com)

**Glossary:**

**RSEM-GSA 17: Red Sea Emergency Medicine - Global Sepsis Alliance joint Conference 2017**

**AUES/SAEM: Academy of Emergency Ultrasound under the  
Society of Academic Emergency Medicine, in the United States**