

# Choosing Your Best Residency program



**SARAVANA KUMAR MD**

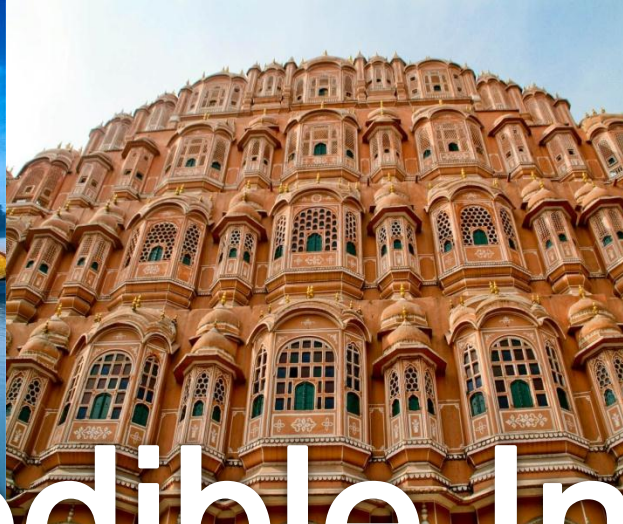
National Joint Secretary, Society For Emergency Medicine, India  
Head, Dept of EM, Dr Mehta Hospital's, Chennai, India



**13<sup>TH</sup>** NATIONAL  
EMERGENCY MEDICINE CONGRESS

**4<sup>TH</sup>** INTERCONTINENTAL EMERGENCY MEDICINE CONGRESS  
INTERNATIONAL CRITICAL CARE AND EMERGENCY MEDICINE CONGRESS







# Objective

**M**ajor **D**ecision

**Emergency Medicine**

Why ?

Who ?

Where ?

# WHY EM?

- “Most Interesting 15 minutes”
- Variety & Challenges
- Instant gratification
- Diagnostic & Therapeutic
- Young speciality
- Pay
- Ready 24x7

# Is your answer “YES”?

- Multi-tasker and logical thinker
- Generalist > Specialist
- Predictability factor
- “Leader, Diplomat, Player”
- “Agree to disagree”
- The “No's”

# Is your answer “YES”?

- Mixed procedural + Diagnostic
- Dont much care about a “Thank's”
- Emotional detachment
- “Comfortable with uncomfortable”
- Willing to adapt and improve
- “Successful married life”

# WHERE?- Must

- Accreditation
- Academic vs Non Academic
- Pass vs Drop
- Alumni

# WHERE?- Very Important

- Happy Residents
- Spectrum
- Referral vs Primary center
- Decision opportunities
- Volume
- Supervision
- Professionalism of Unit



# WHERE?- Important

- Hospital Character
- Rotations & Time
- Curriculum
- Legacy
- “Other residency programs”
- Brand

# WHERE?- Important

- Your “Incompetence”
- Longitudinal Learning
- External Exposure
- Facilities
- Moonlighting
- Achievements

# WHERE?- Not so Important

- Pay / stipend
- Doctor rooms
- Library
- Rotten Tomato / Mouthshut Reviews !

# Making the decision

- “Choosing a Car”
- Dont opt yourself out
- “YOU” are the resident
- Family first ! (Girlfriend or Boyfriend?)
- Dont over think

You will be a replica of your mentor.  
So Choose a good one.

**Aspire to be a Leader in EM**  
(Not just an EP who is good at his/her job)

Thank You !