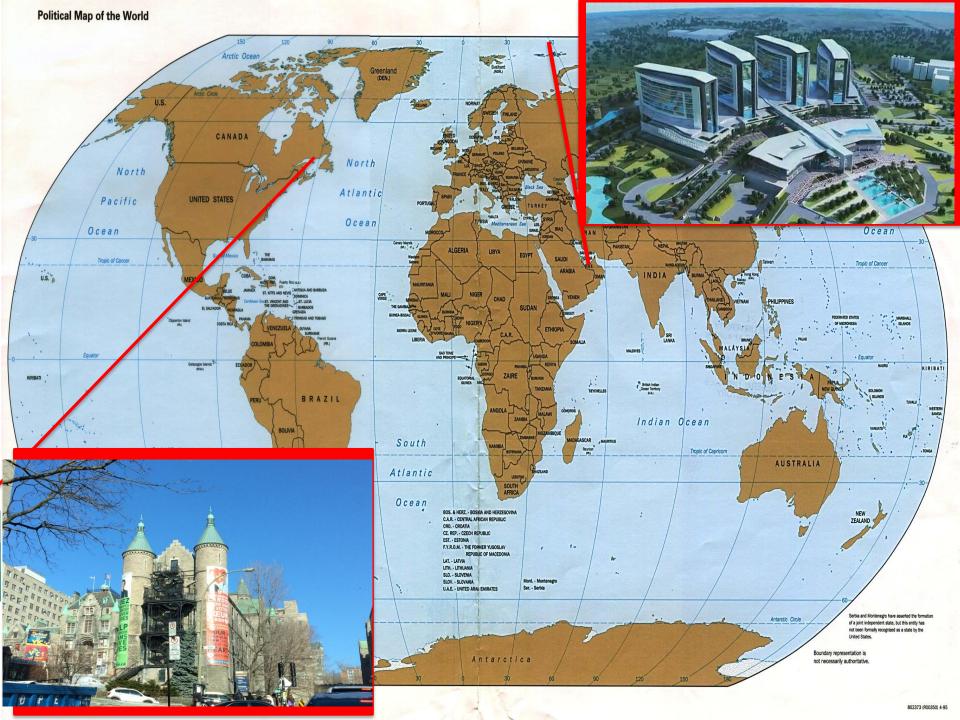
Family Presence During Resuscitation

Ayesha Almemari MD. FRCC Consultant Emergency Medicine and Critical Care







Disclosure...



http://npalliance.org/action/the-unbranded-doctor/



Beginning with the end in mind ...

- What dose Literature tell us?
 - Do family need to be present during resuscitation?
 - Do they want to be present?
 - Do we want them to be present?
- What dose Turkish people Think?
 - Health care workers
 - Patients and families
- What dose Arab and Emirati think?



Literature:

Do family need to be present during resuscitation?



Literature: Do family need to be present during resuscitation?

The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

Family Presence during Cardiopulmonary Resuscitation

Patricia Jabre, M.D., Ph.D., Vanessa Belpomme, M.D., Elie Azoulay, M.D., Ph.D.,

N ENGLJ MED 368;11 NEJM.ORG MARCH 14, 2013



Literature: Do family need to be present during resuscitation?

Methods:

- RCT
- Family present during CPR x Standard
- About 200 in each group (ITT)
- Primary Outcome: PTSD in 90 days
- Secondary Outcome: Anxiety/ Depression/ Effect on Staff/ Resuscitation
- The Impact of Event Scale (IES) to assess for PTSD
- Hospital Anxiety and Depression Scale (HADS)



Literature: Do family need to be present during resuscitation?

• Result:

Table 3. Psychological Assessment of Family Members Enrolled in the Study at 90 Days (Observed-Cases Population).*						
Variable	Intervention Group (N = 233)	Control Group (N= 242)	P Value†	Family Member Present (N = 289)	Family Member Absent (N= 186)	P Value†
IES score — median (interquartile range)‡	22 (12-33)	24 (13-35)	0.26	21 (11-32)	26 (15-36)	0.007
Presence of PTSD-related symptoms — no. (%)∫	64 (27)	90 (37)	0.01	78 (27)	76 (41)	0.01
HADS score — median (interquartile range)¶	10 (6–16)	11 (6–19)	0.44	9 (5–16)	12 (7-19)	0.02
Symptoms of anxiety — no./total no. (%)	34/230 (15)	55/239 (23)	< 0.001	46/287 (16)	43/182 (24)	< 0.001
Symptoms of depression — no./total no. (%)	39/230 (17)	50/239 (21)	0.13	42/287 (15)	47/182 (2 <mark>6)</mark>	0.009
Saw a psychologist after resuscitation of the patient — no./total no. (%)	20/232 (9)	18/242 (7)	0.83	25/289 (9)	13/185 (7)	0.23
Received newly prescribed psychotropic drugs after resuscitation of the patient — no./ total no. (%)	64/230 (28)	77/238 (32)	0.22	72/287 (25)	69/181 (38)	<0.001
Made a suicide attempt after resuscitation of the patient — no./total no. (%)	2/227 (1)	3/238 (1)	_	5/285 (2)	0/180	_



Literature:

Do they want to be present?







Literature: Do they want to be present?



Clinical Practice Guideline: Family Presence During Invasive Procedures and Resuscitation

Does family presence have a positive or negative influence on the patient, family, and staff during invasive procedures and resuscitation?

Developed by the 2009 ENA Emergency Nursing Resources Development Committee

Revised by the 2012 ENA Emergency Nursing Resources Development Committee:



Literature: Do they want to be present?

- Most want to be present
 - Their right
 - Decreased level of distress
 - Increased satisfaction
 - Everything that could have been done for their family member had been done
 - It helped them cope with the death of their child



Literature:

Do we want them to be present?



Families in Critical Care



ATTITUDES TOWARD
AND BELIEFS ABOUT
FAMILY PRESENCE:
A SURVEY OF HEALTHCARE
PROVIDERS, PATIENTS'
FAMILIES, AND PATIENTS

By Christine R. Duran, APRN-BC, DNP, CNS, CCIN, Kathleen S. Oman, RN,



- 202 clinicians
- Clinicians had positive attitudes
- And had concerns about:
 - Safety
 - The emotional responses of the family members
 - Performance anxiety.
- Nurses had more favorable attitudes





Contents lists available at ScienceD

Resuscitation

journal homepage: www.elsevier.com/loc

Letter to the Editor Attitudes of emergency medicine physicians towards family presence during resuscitation



the demogra relation to th The respo



- Survey of 277 Iranian EM physicians:
 - Lack of believe on matter
 - No incentive
 - treatment will be compromised
 - Legal implications
 - Lack of authoritative support











Resources > Fact Sheets

Family Presence Fact Sheet

Main Points

- Providing the best care for patients is the primary goal of emergency physicians and nurses.
- The option of family member presence should be encouraged for all aspects of emergency care.
- Family presence should never be forced on a family or the emergency staff. Hospital policy determines whether or not a family member can be
 present during a medical procedure.
- Relatives who remain with loved ones who are in critical condition often express appreciation for the efforts of emergency teams; because they
 understand that truly dedicated efforts were made.
- Emergency physicians save lives every day. We are experts in adult and pediatric emergencies.



Characteristic or Outcome	Family Member Present (N = 342)	Family Member Absent (N=228)	P Value
Resuscitation procedure			
Duration of advanced resuscitation — min			0.58
Median	30	30	
Interquartile range	23-40	20-40	
No. of shocks delivered — median (interquartile range)	3 (1-5)	4 (1-6)	0.56
Epinephrine administration — mg			0.86
Median	7	7	
Interquartile range	5–10	5–10	
Additional drugs administered — no. (%)			
Amiodarone	44 (13)	29 (13)	0.96
Fibrinolytic drug	7 (2)	10 (4)	0.11
Lidocaine	0	1 (0)	0.40
Sodium bicarbonate	21 (6)	10 (4)	0.37
Other	26 (8)	13 (6)	0.38
Survival			
Return of spontaneous circulation — no. (%)	94 (27)	58 (25)	0.59
Survival to hospital admission— no. (%)	63 (18)	36 (16)	0.42
Survival to day 28 — no. (%)	11 (3)	9 (4)	0.64



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 - Patients and families
- What dose Arab and Emirati think?



Health care workers

Original Investigation / Özgün Araştırma

Opinions for Family Presence During Cardiopulmonary Resuscitation in Turkey: A Literature Review

Türkiye'de Kardiyopulmoner Resüsitasyon Sırasında Ailenin Bulunmasına İlişkin Görüşler: Bir Literatür İncelemesi

Meryem Yavuz¹, Burcu Totur Dikmen², Yasemin Altınbaş¹, Arzu Aslan¹, Ükke Karabacak³



Health care workers

Table 3. Analysis of studies related to family presence during cardiopulmonary resuscitation in Turkey (studies presented in chronological order)

Author/year	Study design	Sample	Method	Results	Conclusions	Limitations
Badir A and Sepit II, 2006 (27)	A descriptive study	Saven public hospitals and three university hospitals, 409 critical care nurses, in Istanbul.	Data was collected with a questionnaire developed by Fultrook et al. The questionnaire consisted of 10 feman/stim a fare so finging. Areas of inquir, Areas of inquir, included in this survey were (1) personal information about the nurses, (2) their experiences with regard to family presence at cardioplumonary resuscitation (3) and their opinions on family witnessed cardiopulmonary resuscitation.	A majority of the nurses did not agree that it was necessary for family members to be with their patient and did not wart family members in the resuccitation room. In addition, most of the nurses were concerned about the violation of patient confidentiality, had concerns that untrained family members would not understant cardiopulmanary resuscitation it restments, would consider them offensive and therefore argue with the resuscitation team. The nurses appressed their concern that witnessing resuscitation would have long-lasting adverse emotional effects on the family members.	This study no eals that critical care nurses in Turkey are not femiliar with the concept of familiy presence during cardiopulmonary resuscitation. Invitive of the increasing eadhone for miternational studies about the value of family presence during cardiopulmonary resuscitation, the study recommended an educational programme about this issue and policy changes within hospitals to enhance critical care in Turkey.	This study was limited to 409 critical care nurses and 10 hospitals in Istanbul.
Yanturali S et al, 2006 (28)	A descriptive study	19 university hospitals, 239 physicians, in Izmir	Data were collected with a questionnaire. The questionnaire consisted of three pages. The first page was informational-first section included the objectives of the study and an introduction to family presence at resusci	Most of the participants (829%) did not endorse family-member presence during reasocitations. Sky percent of participants indicated that they were familiar with larnly witnesses during reasocitation and 37% stated that they had been involved in a reasocitation during which family members were present. Sewerly-eight percent of the participants indicated that family members were nove allowed to vivolv reasocitations, 27% stated that thanly members were cocasionally allowed, but only 1% of participants stated that they were resultinely allowed.	Many emergency physicians have no knowledge of family presence resuscitation and do not support the practice. Emergency physicians are more likely to facour family witnesses as they learn more about and gain more experience with family presence resuscitation.	The limitation of this study was the inclusion of only physicians in the emergency department.
Demir § 2008 (21)	A descriptive study	One university hospital, 62 physicians and 82 nurses who worked in an emergency department or in cardiology or anesthesia intensive care units, in lumir.	Data were collected with a questionnaire. The survey questionnaire was developed by the researcher. There were four open-ended questions and 17 multiple choices.	Of health professionals, 82.8% did not think it was appropriate for patients' families to be present during cardiopulmonary resuscitation. The most common concerns were that the family would interfere with the team's activities \$6.3%) and that resuscitation is a very teumatic procedure (43.8%).	Policies need to be developed regarding this topic because the absence of policy can cause misunderstandings and differences in practice. Further research is required to determine what public education is needed to facilitate the implementation of such policies.	This study was done in only one hospital and the participants were working in the different departments.
Ersoy G et al., 2008 (23)	A descriptive study	One university hospital, 420 family members, in lamit.	Data were collected using a structured face- tor-face interview with the participants. The interview consisted of two sections. In the first section, the objectives of the interview were explained to the participants. In the second section, participants' demographic information was requested.	Most perfoipents (88.4%) stated that they would like to be present during resuscitation.	Data locally revealed that most of the participants in this survey would like to research at cardiopulmonary resuscitation conducted on family members who presented at the emergency department. Factors such as the sex of the observer and absence of health insurance of the patient affected the level of willingness to observe cardiopulmonary resuscitation.	This study was conducted at only one centre in lamir. The results may not generalized.
Güneş ÜY and Zaybak A, 2008 (12)	A descriptive study	Two university hospitals, 135 critical care nurses, in lzmit.	Questionnaire consisted of 42 hems under three areas of inquiry. Section 1 comprised socio demographic characteristics, including aga area of practice and years of experiences nursing and clinical specialty. Section 2 examined the nurses' experiences of family presence during resustation in Consisted of six closed-ended questions using yes and no annews. Section 3 examined the orbital care nurses at this does not be not a section of processes of resuscitation and all outcomes of resuscitation. Responses to attempted in this section were on a three-point Libert scale (agree, do not how disagree).	Of the nurses, only 22.2% had experienced a situation where family members were present during cardiopalmonary resustation. Most of these nurses (n = 20) had one or more negative experiences. The majority disagged that family members should always be offered the opportunity to be with the patient during cardiopulmonary resuscitation. The most common reasons for not favouring family presence at reasonativistic or for a favouring family presence at reasonativistic or for a family members and increased risk of flitgetion.	Many ortical care nurses have no knowledge drimity presence resuscitation and do not support the practice. It is suggested that Turkish orbital care nurses should be interned by the international iterature about the concept of family presence in resuscitation and that culturally appropriate policies concerning this subject should be developed in Turkish hospitals.	The sample was two university hospitals and 126 staff, which cannot be generalized to all the population.

Most (80%) said No



Patients and Families

Original Article	THE JOURNAL OF ACADEMIC	61
Özgün Araştırma	EMERGENCY MEDICINE	01

Evaluation of Patients' Families' Attitudes to Witnessing Invasive Procedures in the Emergency Department

Hasta Yakınlarının Acil Serviste Yapılan Girişimsel Uygulamalar Sırasında Hastalarının Yanında Bulunabilme İsteği İle İlgili Görüşlerinin Değerlendirilmesi



Patients and Families

Table 2. Views of patients' family members on being present by the patients' side during interventions

	n	%*
Would you want to be by the patient's side during invasive interventions?		
Yes	346	76.2
No	108	23.8
Do you think being present by the patient's side could prevent physicians from performing their duties effectively?		
Yes	302	66.5
No	152	33.5
*Percentages are the percentage of colon	•	



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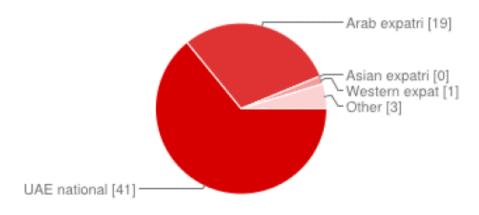
- UAE Arab population perception of family presence during resuscitation
 - Survey based study
 - 2000 responses to reflect 6 million population with 5% margin of error
 - Twitter, email data base of Emirates Medical Association
 Mini Medical School, Data base of Tabeeby
 - 6 questions



- Have you ever witnessed / attended family or friend needing Cardiopulmonary Resuscitation (CPR)?
- Did your family member survive the resuscitation and left the hospital alive?
- Was it good experience to be present when your family member or friend was being resuscitated?
- Could you explain how it was beneficial for you?
- If you have the same situation later, will you attend the CPR?
- If one of your family members need a CPR, will you attend the procedure?



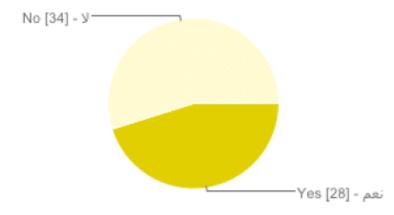
What is your nationality?



الإمارات دولة مواطني - UAE national	41	64%
Arab expatriate - العرب المقيمون.	19	30%
الدول من المقيمون - Asian expatriate	0	0%
الأسيوية.		
الدول من المقيمون - Western expatriate	1	2%
الغربية.		
Other	3	5%



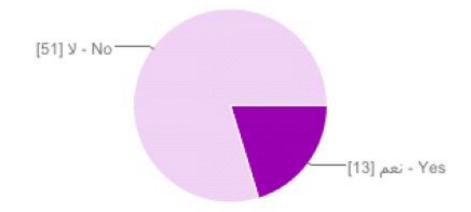
Did your family member survive the resuscitation?



- نعم	28	45%
Yes		
- لا	34	55%
No		



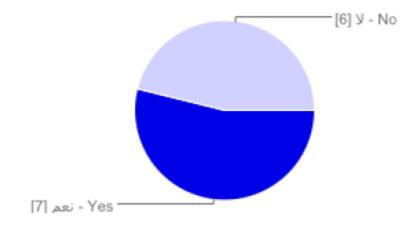
 Have you ever witnessed / attended family or friend needing Cardio-pulmonary Resuscitation (CPR)?



Yes - نعم	13	20%
No -	51	80%



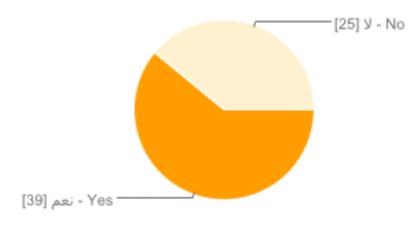
Was it a good experience?



Yes - نعم	7	54%
No -	6	46%



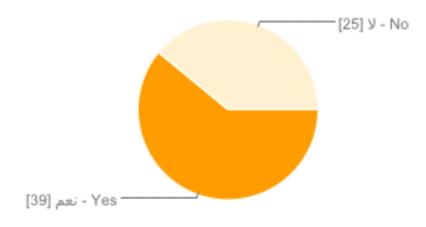
If you have the same situation later, will you attend the CPR?



Yes - نعم	39	61%
No -	25	39%



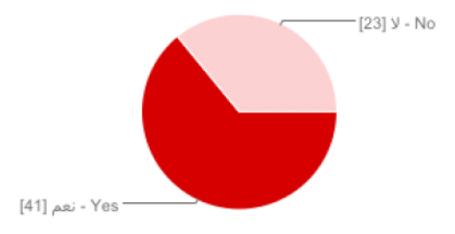
If you have the same situation later, will you attend the CPR?



Yes - نعم	39	61%
No -	25	39%



 If one of your family members need a CPR, will you attend the procedure?



Yes - نعم	41	64%
No -	23	36%



Α	В	С	D	Е	F	G	Н		J	K
What is your educational background?	What is your age group ?	Emirate of residence ?	What is your nationality ?	witnessed / attended family or friend needing	experience to be present when your family	Could you explain how it was beneficial for you ?	If you have the same situation later, will you attend the CPR ?	Why ?	family members need a CPR, will you attend the	member servive the rescutation and left the
ماجستیر - Master	25 - 30 years old 25 - 30 بين 25 - _{سنة}	دبی - Dubai	- Arab expatriate المقيمون العرب	نعم - Yes	Yes - نعم		نعم - Yes		نعم - Yes	
ماجستیر - Master	31 - 35 years old	أبوظبي - Abu Dhabi	UAE national -	نعم - Yes	نعم - Yes		نعم - Yes		نعم - Yes	
High - الثانوية العا	Younger than 25	أبوظبي - Abu Dhabi	UAE national -	No - Y	· ·		نعم - Yes	للتأكد من أنهم يفعلون كل	نعم - Yes	No - Y
بكالوريوس -	Younger than 25	أبوظبي - Abu Dhabi	UAE national -	No - Y			No - Y	The situation is life	No - Y	نعم - Yes
بكالوريوس -	Younger than 25	أبوظبي - Abu Dhabi	UAE national -	نعم - Yes	No - Y	My grandma	نعم - Yes	I should be close	نعم - Yes	No - Y
بكالوريوس -	Older than 35	أبوظبي - Abu Dhabi	UAE national -	No - Y		, ,	نعم - Yes	لكى اتطمن واتاكد ماذا	نعم - Yes	No - Y
High - التانوية ال	25 - 30 years old	أبوظبي - Abu Dhabi	Arab expatriate -	No - Y			نعم - Yes	لكي اساعدهم بما اني	نعم - Yes	No - Y
اعدادی	Older than 35	أبوظبي - Abu Dhabi	UAE national -	نعم - Yes	No - Y	لأنه كان في السنشفي وقد	نعم - Yes	لأته ريما يكون وجودي	نعم - Yes	نعم - Yes
بكالوريوسُ -	31 - 35 years old	أبوظبي - Abu Dhabi	Arab expatriate -	No - Y		_ •	نعم - Yes	افضل التواجد لانبي ساكون	نعم - Yes	No - Y
بكالوريوس -	31 - 35 years old	يني - Dubai	UAE national -	نعم - Yes	نعم - Yes	اكتساب المعرفة الضرورية	نعم - Yes	لزيادة الوعى والنتقيف	نعم - Yes	No - Y
دکتوراه - PhD	31 - 35 years old	أبوظبي - Abu Dhabi	UAE national -	No - Y			نعم - Yes	Ť	نعم - Yes	No - Y
High - التانوية ال	31 - 35 years old	أبوظبي - Abu Dhabi	Arab expatriate -	No - Y			نعم - Yes	أكون مطمئن اكثر	نعم - Yes	نعم - Yes
High - التانوية ال	31 - 35 years old	أبوظبي - Abu Dhabi	مجلس التعاون	No - Y			نعم - Yes	لانى احب النعلم الشي	نعم - Yes	No - Y
ماجستير - aster	31 - 35 years old	أبوظبي - Abu Dhabi	UAE national -	No - Y			نعم - Yes	لكى أساعد اذا احتاج الأمر	نعم - Yes	No - Y
بكالوريوس -	Older than 35	Ras Al Khaimah -	UAE national -	No - Y		لم اكن في موقف يستدعي	نعم - Yes	مساعدة الحياة الانسانية	نعم - Yes	نعم - Yes
بكالوريوس -	Younger than 25	أبوظبي - Abu Dhabi	UAE national -	No - Y		It may support the	نعم - Yes	It's a very	نعم - Yes	نعم - Yes
ماجستیر - aster	25 - 30 years old	أبوظيي - Abu Dhabi	UAE national -	No - Y		Did not attend CPR	نعم - Yes	To help	نعم - Yes	No - Y
بكالوريوس -	Younger than 25	أبوظبي - Abu Dhabi	UAE national -	No - Y		*	No - Y	*	نعم - Yes	No - Y
بكالوريوس -	Younger than 25	السَّارُفَة - Sharjah	UAE national -	No - Y		-	نعم - Yes	I want to learn and	نعم - Yes	No - Y
بكالوريوس -	Older than 35	أبوظبي - Abu Dhabi	UAE national -	No - Y		لم احضر قط	نعم - Yes	نعم حتى اطمئن	نعم - Yes	No - Y
بكالوريوس -	31 - 35 years old	أبوظبي - Abu Dhabi	UAE national -	No - Y		No	نعم - Yes	To learn	نعم - Yes	No - Y
ماجستير - aster	31 - 35 years old	أبوطبي - Abu Dhabi	UAE national -	No - Y		لا پوجد	نعم - Yes	للتحلم	نعم - Yes	نعم - Yes
اعدادي	Older than 35	أبوظبي - Abu Dhabi	UAE national -	No - Y		كنا بالمستشفى ولايسمح انا	نعم - Yes	لانه ريما يكون لوجودي	نعمٰ - Yes	نعم - Yes
N Form Pospo	nses Pivot Table 1	/ 2		NI S						· ·



The Secular believe...

CLINICAL

Paper

J R Call Physicians Edinb 2010; 40:4-8 doi:10.4997/JRCPE.2010.102 © 2010 Royal College of Physicians of Edinburgh

The attitudes of team members towards family presence during hospital-based CPR: a study based in the Muslim setting of four Iranian teaching hospitals

¹N Kianmehr, ²M Mofidi, ³H Rahmani, ⁴Y Shahin ¹Assistant Professor of Internal Medicine; ¹Assistant Professor of Emergency Medicine; ¹⁴Medical Student, Iran University of Medical Sciences, Tehran, Iran

77 % of 200 said No



CRITICAL CARE NURSES' PERCEPTIONS OF FAMILY WITNESSED RESUSCITATION IN THE KINGDOM OF SAUDI ARABIA

J. de Beer, MA Heath Studies University of KwaZulu-Natal

M.M. Moleki, DLitt et Phil University of South Africa Department of Health Studies Corresponding author: molekmm@unisa.ac.za

90% said no



Beginning with the end in mind ...

- Do family need to be present during resuscitation?
 - Yes they do
- Do they want to be present?
 - Yes they do
- Do we want them to be present?
 - No, but we have to change to yes
- What dose Turkish people Think?
- What dose Arab and Emirati think?
 - Cultural and secular believes diversity may have no influence on this matter





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