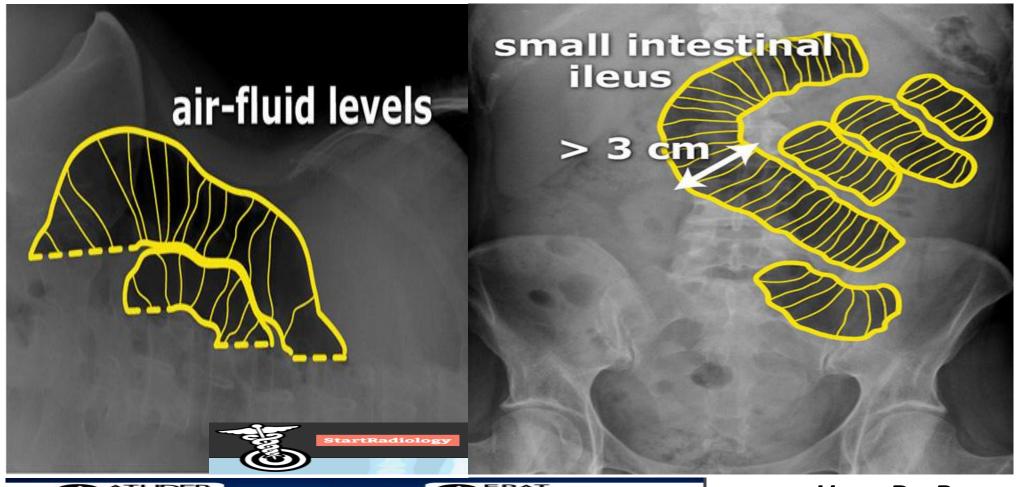
## İleus-Subileus; Lavman ve Görüntüleme





Uzm. Dr. Ramazan Güven Bitlis Devlet Hastanesi, Acil Servis

## İleus-Subileus; Lavman ve Görüntüleme

- Barsak pasajından gıda ve barsak içeriklerinin düzenli geçişinin olmaması.
- "to twist" kelimesinden köken alır.
- failure of appropriate forward movement of bowel contents.
- It may be secondary to either mechanical obstruction of the bowel (mechanical ileus) or a disturbance in neural stimulation (adynamic ileus). Ileus is a surgical emergency that may or may not require surgical intervention; the cause needs to be establish ed promptly.

#### The meaning of ileus. Its changing definition over three millennia.

Ballantyne GH.

#### Abstract

lleus comes from the Greek word for twisted. The early classical literature suggests that this term was used for what we now call sigmoid volvulus. The Romans translated this word as volvulus. During later classical times, investigators used ileus and volvulus in describing conditions other than sigmoid volvulus. Roman investigators used ileus to describe midgut volvulus, intussusception, and incarcerated hernias because the symptoms of these conditions were similar. During the Renaissance, ileus, volvulus, and intussusception were synonymous and were closely linked to the volgar terms iliac passion and Miserere Mei. The sine qua non of ileus was the clinical triad of abdominal pain, obstipation, and fecal vomiting. Autopsies in the 16th, 17th, and 18th centuries exposed the various causes of these symptoms. Ileus became the clinical diagnosis whereas such terms as intussusception were used to describe autopsy findings. Physicians classified diseases by symptoms not by cause. During the 19th century, emphasis switched to the pathologic basis of disease. The classification of intestinal obstruction became one of cause. Ileus was abandoned because its classical definition did not encompass all forms of intestinal obstruction. In the last 50 years, ileus has been relegated to mean nonmechanical obstruction that does not initially require operative treatment. Thus, ileus which was the twisted intestine of Ascelpiades, the Miserere Mei of Paré and the iliac passion of Barrough, has come in the 20th century to mean nonmechanical intestinal obstruction

## Adinamik ileus

mortanty rate.

In contrast to a mechanical obstruction, a neurogenic or functional obstruction occurs as a result of disruption of the normal coordinated peristaltic activity of the gastrointestinal tract in the ROSEN'S absence of a physical blockage within the intestinal lumen. This is also commonly referred to as an adynamic ileus. The causes of

## Adynamik ileus

#### Table 86-2 Key Features of Ileus and Mechanical Bowel Obstruction

**Bowel Obstruction** Ileus

Pain Mild to moderate Moderate to severe

Location Diffuse May localize

Physical Mild distention, ± tenderness, decreased Mild distention, tenderness, high-pitched

bowel sounds examination bowel sounds

Laboratory Possible dehydration Leukocytosis

Abnormal **Imaging** May be normal

Treatment Nasogastric tube, surgery Observation, hydration, ± nasogastric

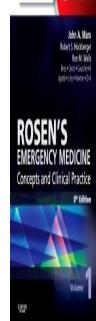
tube

Sadece ince bağırsak değil kalın bağırsağı da içerir. Geçiş noktası yok.

#### Box 92-2 Causes of Adynamic Ileus

Metabolic disease (especially hypokalemia) Medications (e.g., narcotics) Infection (retroperitoneal, pelvic, intrathoracic) Abdominal trauma Laparotomy





## Adinamik ileus



# 70 y, e= mekanik obst yok, elektrolit imbalansı



## Adinamik ileus



#### **UpToDate®**

lleus Q. Wolters Kluwer

Languages

About Us News & Events

Contact Us

Log in

WHY UPTODATE?

PRODUCT

**EDITORIAL** 

SUBSCRIPTION OPTIONS

SUBSCRIBE

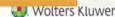
Search Results for "Ileus"

- All Topics
- Adult
- Pediatric
- O Patient FREE
- Graphics

- Postoperative ileus
- · Epidemiology, clinical features, and diagnosis of mechanical small bowel obstruction in adults
- Gallstone ileus
- Measures to prevent prolonged postoperative ileus
- · Cystic fibrosis: Overview of gastrointestinal disease

**Smarter Decisions. Better Care** 

Learn more about how to get full access to UpToDate. Choose from the list below to learn more about subscriptions for a



illeus

<u>Languages</u>

About Us

News & Events

Contact Us

Help

Log in

UpToDate®

WHY UPTODATE?

PRODUCT

**EDITORIAL** 

SUBSCRIPTION OPTIONS

SUBSCRIBE

#### Topic Outline

NTRODUCTION

PHYSIOLOGIC VERSUS 'ATHOLOGIC OSTOPERATIVE ILEUS

**SASTROINTESTINAL** PHYSIOLOGY

- Normal gastrointestinal motility
- Gastrointestinal dysmotility
- Inflammation
- Inhibitory neural reflexes
- Neurohumoral peptides

EPIDEMIOLOGY AND RISK ACTORS

#### Postoperative ileus

Authors

Jörg C Kalff, MD Sven Wehner, PhD Babak Litkouhi, MD

Section Editor David I Soybel, MD **Deputy Editor** 

Wenliang Chen, MD, PhD

#### INTRODUCTION

Postoperative paralytic ileus refers to obstipation and intolerance of oral intake due to nonmechanical factors that disrupt the normal coordinated propulsive motor activity of the gastrointestinal tract following abdominal or nonabdominal surgery [1-3]. There is general consensus that some degree of postoperative ileus is a normal obligatory and physiologic response to abdominal surgery [4,5]. Physiologic postoperative ileus is generally a benign condition that resolves without serious seguelae. However, when ileus is prolonged, it leads to patient discomfort, dissatisfaction, and prolonged hospitalization, and it must be differentiated from mechanical bowel

#### **Smarter Decisions. Better Care**

UpToDate synthesizes the most recent medical information into evidence-based practical recommendations clinicians trust to make the right point-of-care decisions.

- Rigorous editorial process: Evidencebased treatment recommendations
- World-Renowned physician authors: over 5,700 physician authors and editors around the globe
- Innovative technology: integrates into

## Post operative İleus



- Görünüm olarak mekanik obstrüksiyona benzer.
- Karın üzerinden merkezi olarak yansıyan hava ile dolu birçok bağırsak segmenti bulunmaktadır.
- sezeryan sonrası kolik tarzda olmayan uzamış ağrı-spontan iyileşme

### SMALL BOWEL OBSTRUCTION

#### İleus: Günlük Pratikte Radyolojik Yaklaşım

Ileus: Radiological Approach in Daily Practice

Hülya Kurtul Yıldız<sup>1</sup>, Elif Evrim Ekin<sup>1</sup>, Aylin Hasanefendioğlu Bayrak<sup>1</sup>, İsmail Sinan Duman<sup>1</sup>, Samed Sayar<sup>2</sup>, Gökhan Tolga Adaş<sup>2</sup>

<sup>1</sup>Gaziosmanpaşa Taksim Eğitim ve Araştırma Hastanesi, Radyoloji Kliniği, İstanbul, Türkiye <sup>2</sup>Gaziosmanpaşa Taksim Eğitim ve Araştırma Hastanesi, Cerrahi Kliniği, İstanbul, Türkiye

Geliş Tarihi / Received Date: 24.02.2016 Kabul Tarihi / Accepted Date: 10.05.2016

Çevrim İçi Yayın Tarihi / Available Online Date: 14.07.2016

© Telif Hakkı 2016 Gaziosmanpaşa Taksim Eğitim ve Araştırma Hastanesi. Makale metnine www.jarem.org web sayfasından ulaşılabilir.

© Copyright 2016 by Gaziosmanpaşa Taksim Training and Research Hospital. Available on-line at www.jarem.org

DOI: 10.5152/jarem.2016.1087

#### KAYNAKLAR

- Silva AC, Pimenta M, Guimarães LS. Radiographics Small Bowel Obstruction: What to Look For? 2009; 29: 423-39.
- Torreggiani WC, Harris AC, Lyburn ID, al-Nakshabandi NA, Zwirewich CV, Brenner C, et al. Computed tomography of acute small bowel obstruction: pictorial essay. Can Assoc Radiol J 2003; 54: 93-9.
- Fukuya T, Hawes DR, Lu CC, Chang PJ, Barloon TJ. CT diagnosis of small-bowel obstruction: efficacy in 60 patients. AJR Am J Roentgenol 1992; 158: 765-9. [CrossRef]

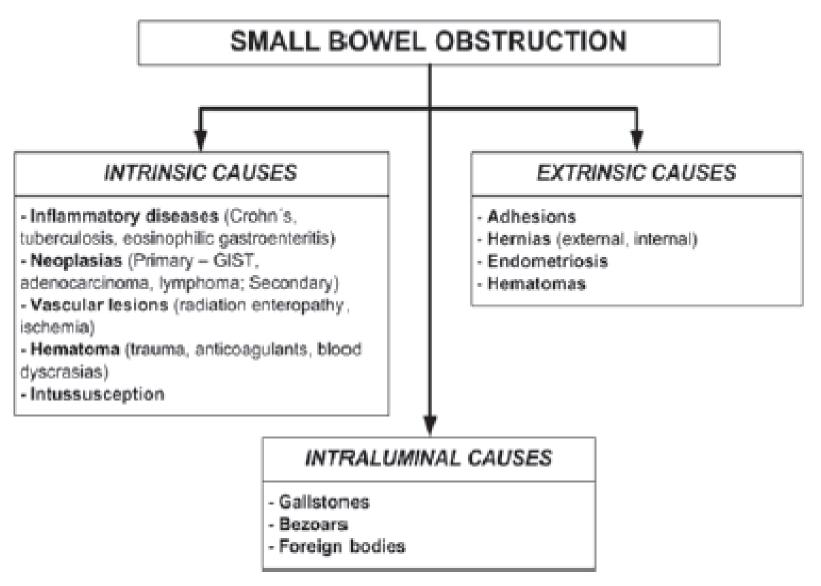


Figure 9. Causes of SBO. GIST = gastrointestinal stromal tumor.

Date of origin: 1996 Last review date: 2013

#### American College of Radiology ACR Appropriateness Criteria®

Clinical Condition:

Suspected Small-Bowel Obstruction

Variant 1:

Suspected high-grade small-bowel obstruction (SBO), based on clinical evaluation or initial

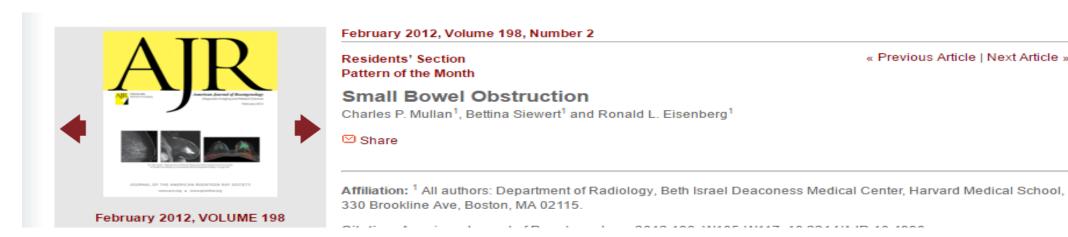
radiography (if performed).

| Radiologic Procedure  | Rating | Comments  | RRL*        |
|---|--------|---|-------------|
| CT abdomen and pelvis with IV contrast                        | 9      | Oral contrast should not be used if high-<br>grade SBO is known or suspected. Oral<br>contrast will not reach the site of<br>obstruction, wastes time, adds expense,<br>can induce further patient discomfort, will<br>not add to diagnostic accuracy, and can<br>lead to complications, particularly<br>vomiting and aspiration. | & & & &     |
| CT abdomen and pelvis without IV contrast                     | 7      | Perform this procedure in patients who<br>have known or suspected high-grade SBO<br>when IV contrast is contraindicated.  | ***         |
| MRI abdomen and pelvis without and with IV contrast (routine) | 6      | MRI is most appropriate in children and<br>younger adult patients who have had<br>multiple prior CT examinations.   | 0           |
| X-ray abdomen and pelvis                                      | 5      | Perform this procedure if it has not already<br>been performed.   | 999         |
| CT abdomen and pelvis without and with<br>IV contrast         | 4      |   | <b>~~~~</b> |
| MRI abdomen and pelvis without IV contrast (routine)          | 4      | MRI is most appropriate for pregnant<br>women, children, and younger adult<br>patients who have had multiple prior CT<br>examinations.  | 0           |
| X-ray small bowel follow-through                              | 4      | This procedure has a limited role if a high-<br>grade obstruction has been confirmed by<br>radiography or CT/MRI. Perform the x-<br>ray with water-soluble contrast material,<br>and use iso- or low-osmolar contrast<br>material if there is a risk of aspiration.   | <b>**</b>   |
| CT enteroclysis   | 3      | This procedure may not be readily<br>available at most institutions or radiology<br>practices. Generally, it is not indicated in<br>the acute setting.<br>This procedure has a limited role if  | ***         |

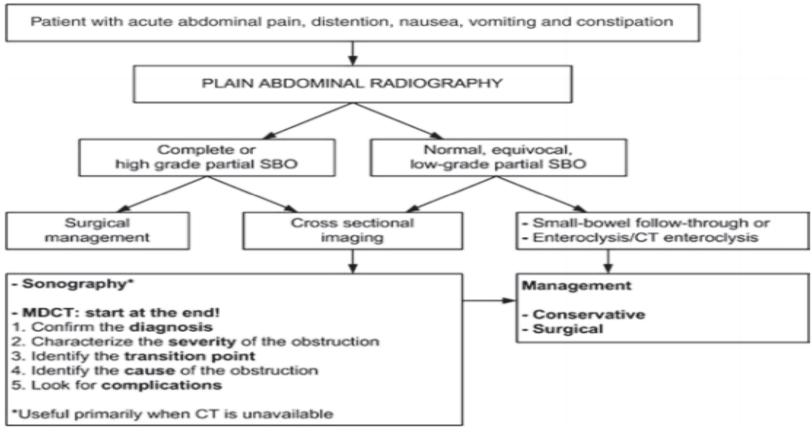
| US     | abdomen     | and    | pelvis |
|--------|-------------|--------|--------|
| $\sim$ | accontinuit | COLLAR | PCIVIS |

# Small bowel obstruction-imaging Abdominal radiography

- % 64-82 sensitivite, % 79-83 spesifite
- Tıkanıklığın proksimal kısmında dilatasyon distal kısmı normal
- Transvers çap > 3 cm (from outer wall to outer wall)
- Kolon normal görünümde



#### RG ■ Volume 29 • Number 2



**Figure 1.** Algorithm for imaging work-up of patients suspected to have SBO. MDCT = multidetector CT.

## Small Bowel Obstruction: What to Look For

TEACHING POINTS See last page Ana Catarina Silva, MD • Madalena Pimenta, MD • Luís S. Guimarães, MD





**Gastrointestinal Imaging** 

« Previous Article | Next Article »

## Abdominal Radiography Findings in Small-Bowel Obstruction Relevance to Triage for Additional Diagnostic Imaging

John C. Lappas<sup>1</sup>, Benedicto L. Reyes<sup>2</sup> and Dean D. T. Maglinte<sup>3</sup>

OBJECTIVE. Our aim was to determine which findings on abdominal radiography are relevant for distinguishing complete or high-grade partial small-bowel obstruction from low-grade partial or no small-bowel obstruction.

MATERIALS AND METHODS. Admitting abdominal radiographs with the patients in the supine and upright positions were scored for 25 different findings in 81 patients with clinically suspected small-bowel obstruction. Forty-one patients had complete or high-grade partial small-bowel obstruction, and 40 had low-grade partial small-bowel obstruction or no obstruction as determined by enteroclysis examination. Abdominal radiography findings were subjected to statistical analysis for correlation with degree of obstruction.

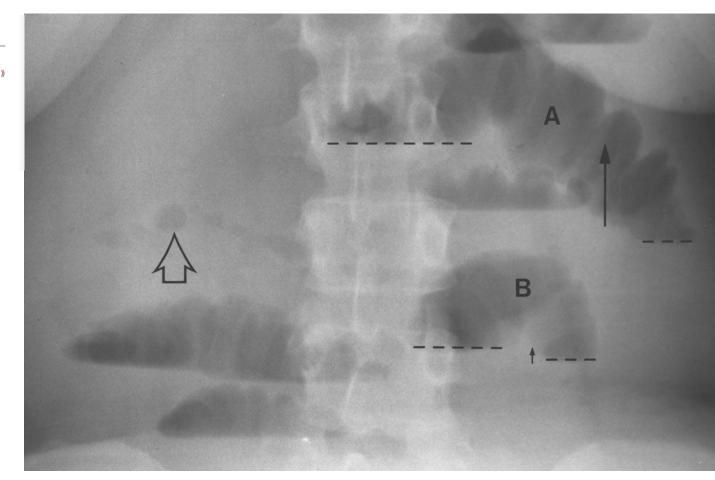
**RESULTS.** Of 12 radiographic findings strongly associated (p < 0.05) with the severity of obstruction, two findings were found to be the most significant ( $p \le 0.0003$ ) and predictive of a higher grade small-bowel obstruction: the presence of air–fluid levels of differential height in the same small-bowel loop and the presence of a mean air–fluid level width greater than or equal to 25 mm on upright abdominal radiographs.

CONCLUSION. When both critical findings are present, the degree of small-bowel obstruction is likely high-grade or complete. When both signs are absent, small-bowel obstruction is likely low-grade or nonexistent. Upright abdominal radiographs are important in the examination of patients with suspected small-bowel obstruction and may contribute to the imaging triage of these patients.

41 hasta yüksek derecede SBO-

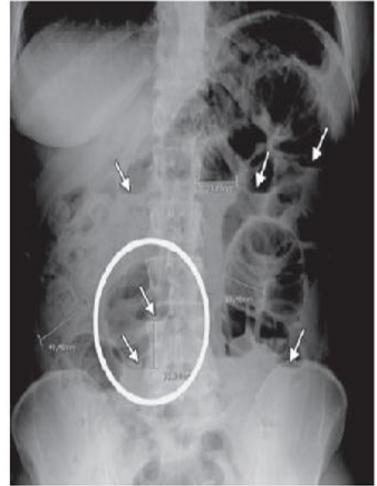
40 hasta düşük derecede SBO veya normal Abdominal grafide 25 bulgunun tanısal değerine bakılmış.

- 2 bulgu yüksek anlamlılık düzeyine sahip:
- 1-bağırsak distansiyon>25 mm
- 2-aynı bağırsak segmentinde farklı yükseklikteki hava sıvı seviyelenmeleri

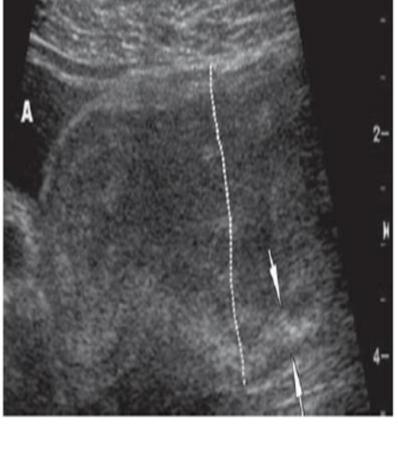


36 yaş, kadın hasta, yüksek derecede parsiyel bağırsak obstrüksiyonu. A ve B bağırsak segmentlerinde farklı yüksekliklerde hava sıvı seviyeleri. Aynı bağırsak segmentinde hava-sıvı seviyelerinin vertikal ölçümü.

A segmenti=31 mm, B segmenti 5 mm (vertikal ölçüm) Boncuk ipliği şeklinde dizilmiş hava-sıvı seviyelenmeleri (<10 mm) (açık ok)

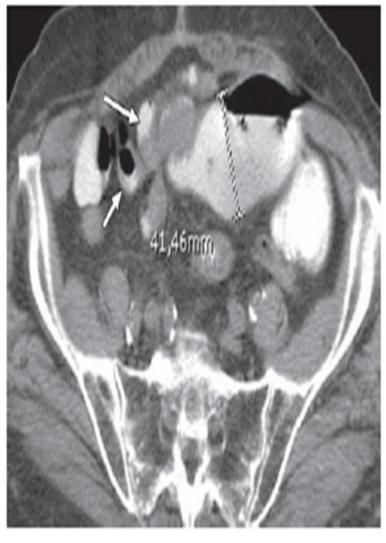






radiographics.rsnajnls.org

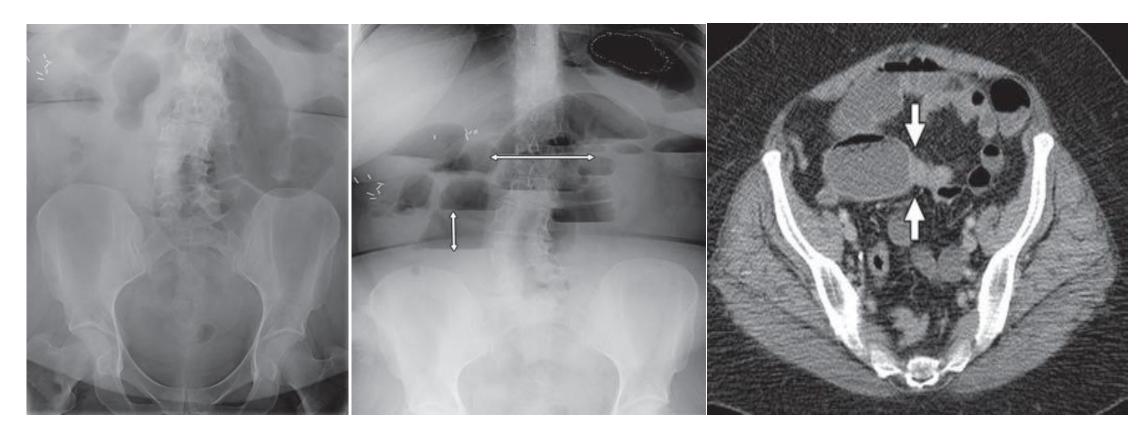
Crohn'a sekonder İleal obst.
Dilate bağırsak segment>3 cm



CT criteria for SBO. Axial CT. Proximal distande bağırsak segment> 3 cm. Kollabe distal bağırsak

Yüksek-dereceli SBO. Abdominal grafide bir çok hava-sıvı seviyelenmeleri. Bazılarının genişliği>2.5 cm. >2 cm aynı bağırsak segmentlerin hava-sıvı seviyelenmeleri arasındaki vertikal ölçüm (circle area).

Ince bağ segmenti/kolon distansiyon>0.5



Supine abdominal radiograph shows dilated loops of small bowel.

Erect abdominal radiograph shows small bowel dilatation with multiple air-fluid levels. Air-fluid level wider than 2.5 cm (horizontal line) and differential air-fluid levels within same small bowel loop (vertical line) are identified.

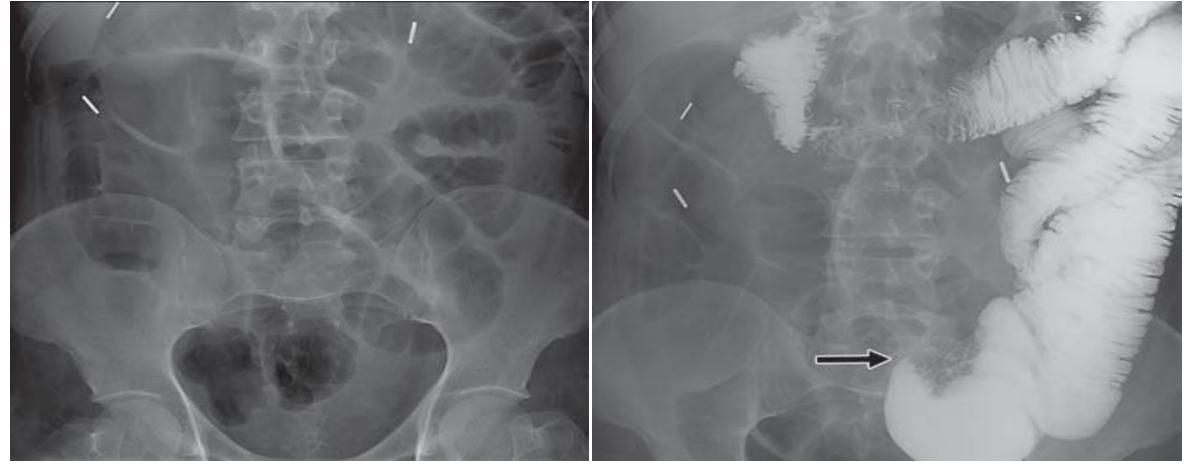
Axial CT image shows transition point in mid ileum (*arrows*), confirming mechanical obstruction due to ileal stricture.

Mid ileumda geçiş noktası (transition point)



Residents' Section
Pattern of the Month
Small Bowel Obstruction
Charles P. Mullan<sup>1</sup>, Bettina Siewert<sup>1</sup> and Ronald L. Eisenberg<sup>1</sup>
Share

Affiliation: <sup>1</sup> All authors: Department of Radiology, Beth Israel Deaconess Medical Center, Harvard Medical School, 330 Brookline Ave, Boston, MA 02115.



**A,** Supine abdominal radiograph shows dilated small bowel loops throughout abdomen.

**B**, Proximal ileumda obst'dan kaynaklı gittikçe incelen opak madde geçişinin tamamen engellendiği görünüm.

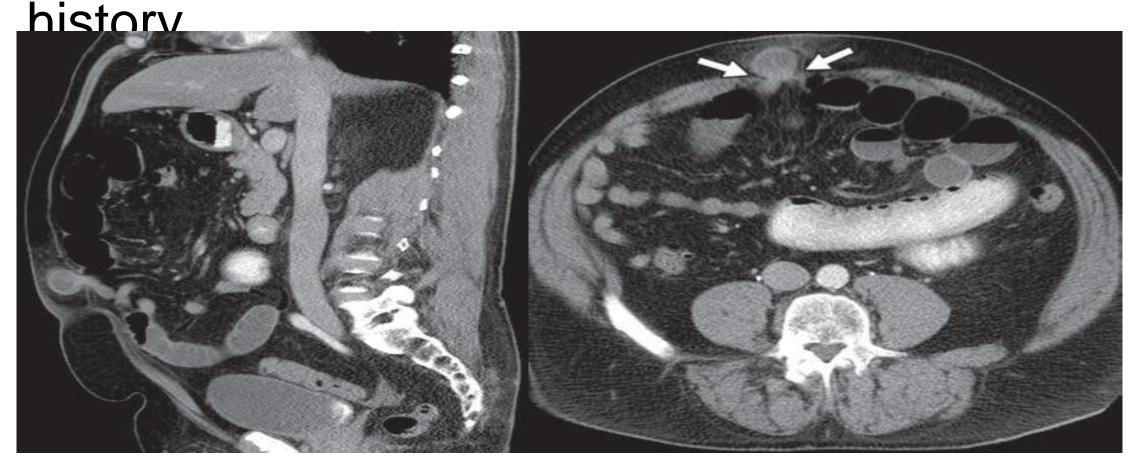


February 2012, Volume 198, Number 2
Residents' Section
Pattern of the Month
Small Bowel Obstruction
Charles P. Mullan<sup>1</sup>, Bettina Siewert<sup>1</sup> and Ronald L. Eisenberg<sup>1</sup>

« Previous Article | Next Article »

Affiliation: <sup>1</sup> All authors: Department of Radiology, Beth Israel Deaconess Medical Center, Harvard Medical School, 330 Brookline Ave, Boston, MA 02115.

in 54-year-old patient with no prior surgical

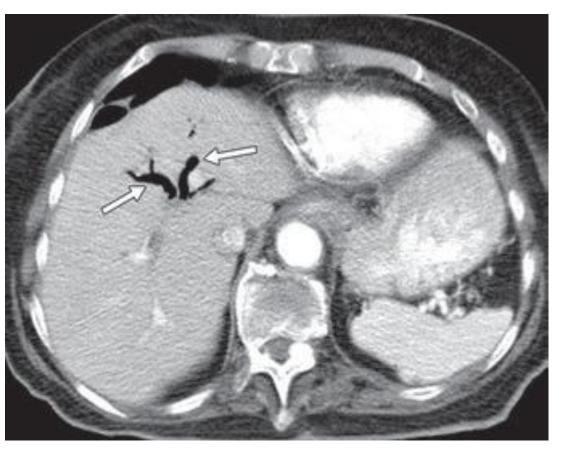


CT images show small defect in musculature of right anterior abdominal wall that developed spontaneously. Antimesenteric wall of segment of small bowel protrudes into hernial sac

Herniden kaynaklı orta derecede SBO. Herniasyon strangüle olduğu için yine de akut crrahi müdahele gerekli.

# Gallstone ileus in elderly woman with small bowel obstruction due to gallstone ileus.





Axial CT image of pelvis shows large laminated calculus within Axial CT image through liver shows pneumobilia (arrows), dilated loop of distal ileum in midline (arrow). consistent with biliary-enteric fistula.

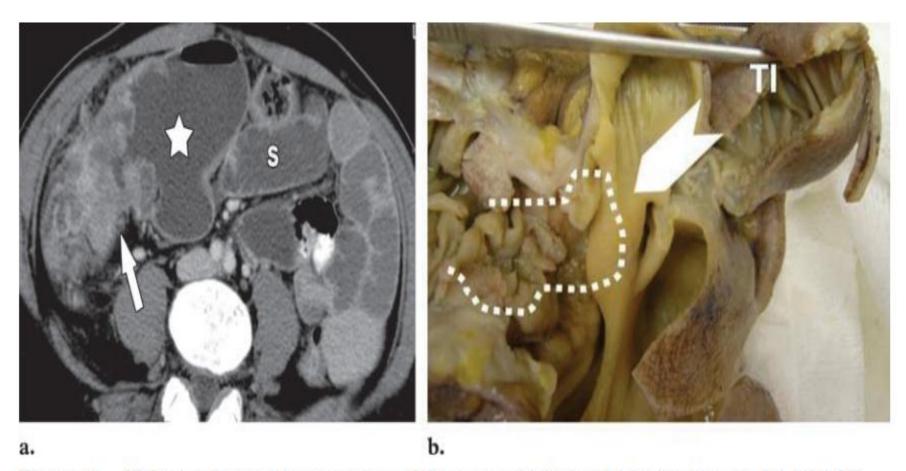




b.

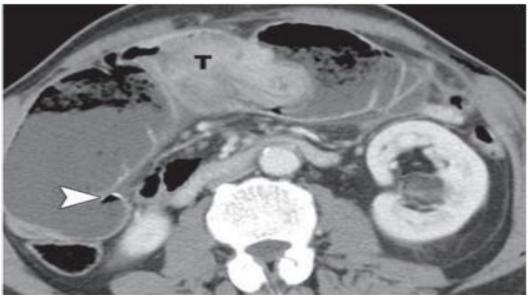
Figure 11. SBO due to the stenotic phase of Crohn disease. (a) Axial CT scan shows fluid-filled dilated small bowel loops with intraluminal positive contrast material of different dilutions (\*). At the terminal ileum, a transition point with a thickened bowel wall and mural stratification (arrowheads) and perienteric hypervascularity are identified. (b) Photograph of the gross specimen shows the narrowed lumen of the involved segment (arrowheads) and a dilated bowel loop proximally (\*); this bowel loop corresponds to one of the bowel loops seen on the CT image (\* in a).

RG ■ Volume 29 • Number 2



**Figure 13.** SBO secondary to adenocarcinoma of the cecum with ileocecal valve involvement. (a) Axial CT scan shows dilatation of small bowel loops (S) and the cecum  $(\star)$  proximal to a stenotic cancer of the cecum (arrow) that involves the terminal ileum. (b) Photograph of the gross specimen shows involvement of the ileocecal valve (arrow) by the neoplasm (dotted line). TI = terminal ileum.





a. b



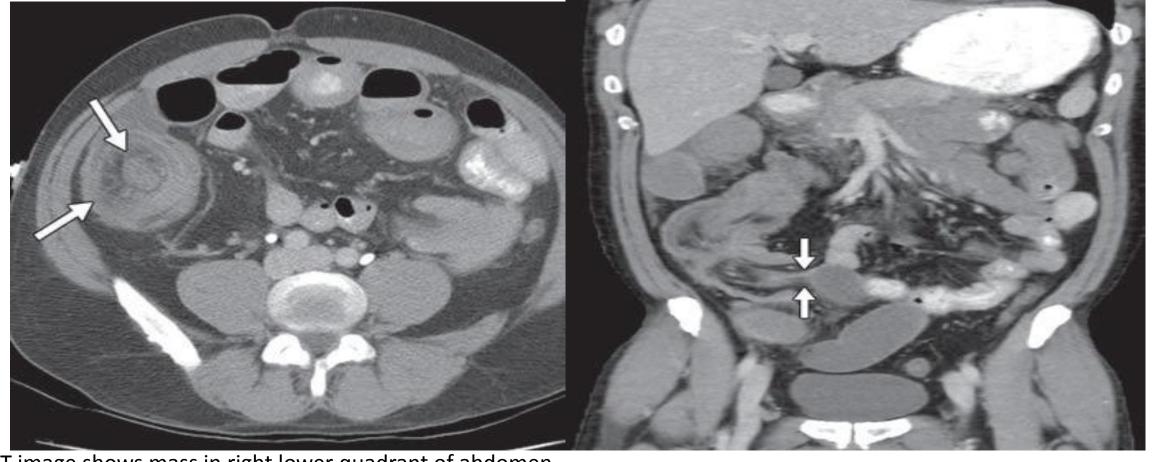
Figure 14. SBO caused by intussusception and an adhesive band. (a, b) Axial CT scans show the intussusceptum (arrow in a) invaginating into the intussuscipiens (\* in a) secondary to a submucosal tumor (T in b). The intussuscipiens is dilated because of an adhesion (arrowhead in b). (c) Photograph of the gross specimen shows the submucosal tumor as a large polypoid mass (arrow).

A . OTT .1

sions, or foreign bodies are associated with SBO.

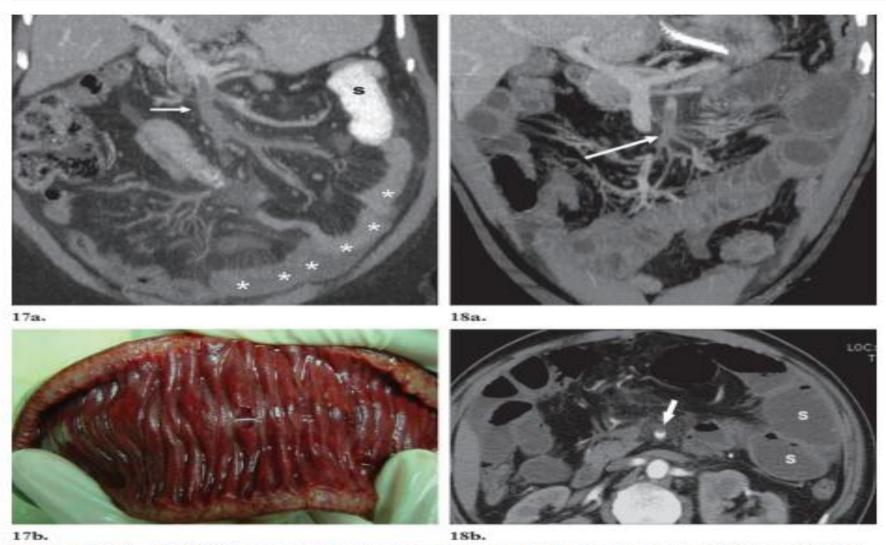
Transient intussusceptions are not associated with this condition.

## Intussusception in 35-year-old man with melanoma



Axial CT image shows mass in right lower quadrant of abdomen with target-like appearance due to multiple adjacent bowel wall layers (*arrows*). Findings were due to ileocolic intussusception, with small bowel metastasis acting as lead point.

Coronal image shows intussusception in longitudinal axis. There is clear transition point between intussusception and proximal dilated small bowel (*arrows*).



Figures 17, 18. (17) SBO secondary to thrombosis of the superior mesenteric vein. (a) Coronal CT scan shows thrombosis of the superior mesenteric vein (arrow) in association with circumferential wall thickening of ileal loops (\*) due to submucosal edema. S = dilated small bowel loop. (b) Photograph of the gross specimen shows an infarcted small bowel loop that has hemorrhagic mucosa with thickened valvulae.

(18) SBO due to intestinal ischemia secondary to arterial occlusion. Coronal maximum intensity projection (a) and axial (b) CT scans show an endoluminal defect of the superior mesenteric artery (arrow) due to thrombosis. S in b = proximal dilated small bowel loops.



## Sentinel loop

- A localized loop of small bowel is dilated in this patient with acute pancreatitis
- This appearance is not diagnostic of intra-abdominal inflammation, but rather an occasional associated feature

#### EVIDENCE-BASED DIAGNOSTICS



#### Adult Small Bowel Obstruction

Mark R. Taylor, MD, and Nadim Lalani, MD, FRCPC

Methods: MEDLINE, EMBASE, major emergency medicine (EM) textbooks, and the bibliographies of selected articles were scanned for studies that assessed one or more components of the history, physical examination, or diagnostic imaging modalities used for the diagnosis of SBO. The selected articles underwent a quality assessment by two of the authors using the Quality Assessment of Diagnostic Accuracy Studies 2 (QUADAS-2) tool. Data used to compile sensitivities and specificities were obtained from these studies and a meta-analysis was performed on those that examined the same historical component, physical examination technique, or diagnostic test. Separate information on the prevalence and management of SBO was used in conjunction with the meta-analysis findings of computed tomography (CT) to determine the test and treatment threshold.

Conclusions: The potentially useful aspects of the history and physical examination were limited to a history of abdominal surgery, constipation, and the clinical examination findings of abnormal bowel sounds and abdominal distention. CT, MRI, and US are all adequate imaging modalities to make the diagnosis of SBO. Bedside US, which can be performed by EPs, had very good diagnostic accuracy and has the potential to play a larger role in the ED diagnosis of SBO. More ED-focused research into this area will be necessary to bring about this change.

ACADEMIC EMERGENCY MEDICINE 2013; 20:528–544 © 2013 by the Society for Academic Emergency Medicine

Table 4
Statistical Measures of Performance of X-ray for SBO Diagnosis

| Study                         | Sensitivity,% | Specificity,% | +LR           | -LR              |
|-------------------------------|---------------|---------------|---------------|------------------|
| Maglinte 1996 <sup>26</sup>   | 69            | 57            | 1.6           | 0.54             |
| Daneshmand 1999 <sup>40</sup> | 76            | 53            | 1.6           | 0.46             |
| Suri 1999 <sup>22</sup>       | 77            | 50            | 1.5           | 0.47             |
| Musoke 2003 <sup>34</sup>     | 86            | 100           | 00            | 0.16             |
| Jang 2011 <sup>26</sup>       | 46            | 67            | 1.4           | 0.81             |
| Summary estimate, (95% CI)    | 75 (68-80)    | 66 (55-76)    | 1.6 (1.1-2.5) | 0.43 (0.24-0.79) |

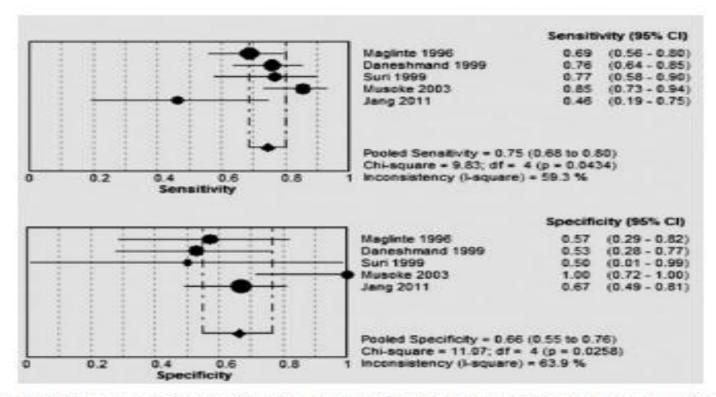


Figure 2. Meta-analysis of studies assessing x-ray performance for SBO diagnosis. SBO = small bowel obstruction.

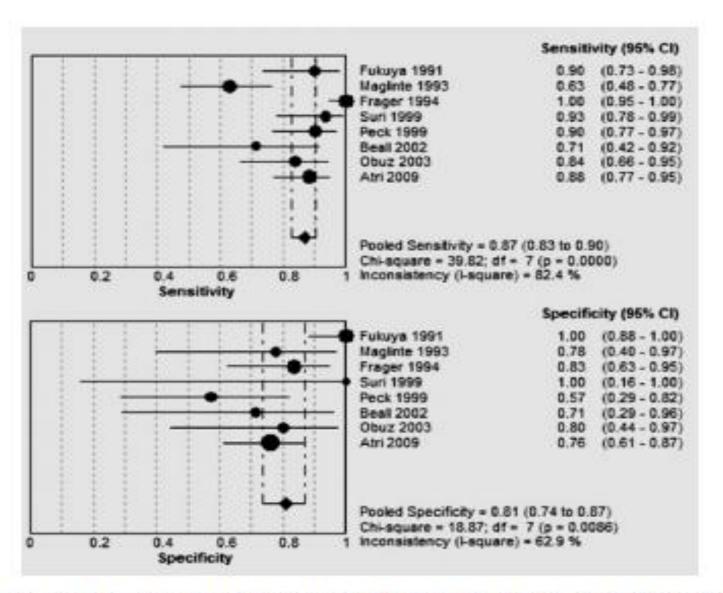


Figure 3. Meta-analysis of studies assessing CT performance for SBO diagnosis (5- to 10-mm slice size). SBO = small bowel obstruction.

the second second to the second secon

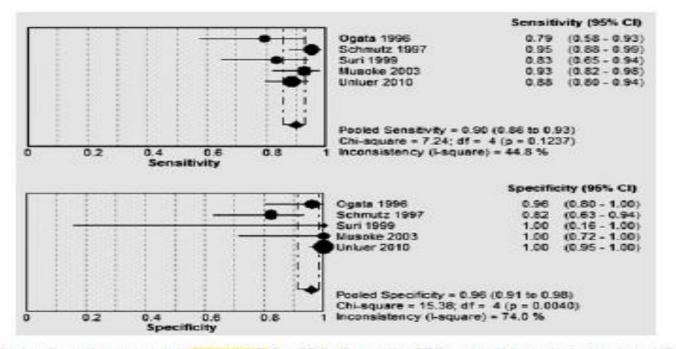


Figure 5. Meta-analysis of studies assessing formal US for SBO diagnosis. SBO = small bowel obstruction; US = ultrasound.

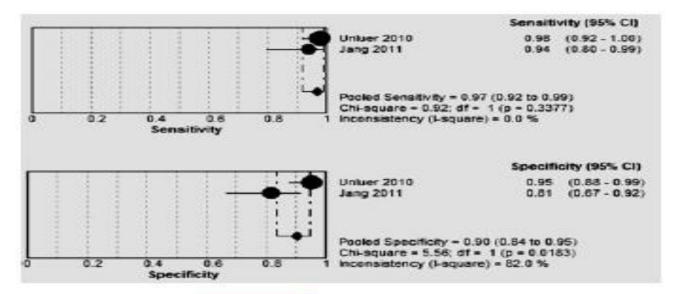


Figure 6. Meta-analysis of studies assessing emergency US for SBO diagnosis. SBO = small bowel obstruction; US = ultrasound.

Date of origin: 1996 Last review date: 2013

#### American College of Radiology ACR Appropriateness Criteria®

Clinical Condition:

Suspected Small-Bowel Obstruction

Variant 1:

Suspected high-grade small-bowel obstruction (SBO), based on clinical evaluation or initial

radiography (if performed).

| Radiologic Procedure  | Rating | Comments  | RRL*        |
|---|--------|---|-------------|
| CT abdomen and pelvis with IV contrast                        | 9      | Oral contrast should not be used if high-<br>grade SBO is known or suspected. Oral<br>contrast will not reach the site of<br>obstruction, wastes time, adds expense,<br>can induce further patient discomfort, will<br>not add to diagnostic accuracy, and can<br>lead to complications, particularly<br>vomiting and aspiration. | & & & &     |
| CT abdomen and pelvis without IV contrast                     | 7      | Perform this procedure in patients who<br>have known or suspected high-grade SBO<br>when IV contrast is contraindicated.  | ***         |
| MRI abdomen and pelvis without and with IV contrast (routine) | 6      | MRI is most appropriate in children and<br>younger adult patients who have had<br>multiple prior CT examinations.   | 0           |
| X-ray abdomen and pelvis                                      | 5      | Perform this procedure if it has not already<br>been performed.   | 999         |
| CT abdomen and pelvis without and with<br>IV contrast         | 4      |   | <b>~~~~</b> |
| MRI abdomen and pelvis without IV contrast (routine)          | 4      | MRI is most appropriate for pregnant<br>women, children, and younger adult<br>patients who have had multiple prior CT<br>examinations.  | 0           |
| X-ray small bowel follow-through                              | 4      | This procedure has a limited role if a high-<br>grade obstruction has been confirmed by<br>radiography or CT/MRI. Perform the x-<br>ray with water-soluble contrast material,<br>and use iso- or low-osmolar contrast<br>material if there is a risk of aspiration.   | <b>**</b>   |
| CT enteroclysis   | 3      | This procedure may not be readily<br>available at most institutions or radiology<br>practices. Generally, it is not indicated in<br>the acute setting.<br>This procedure has a limited role if  | ***         |

| US     | abdomen     | and    | pelvis |
|--------|-------------|--------|--------|
| $\sim$ | accontinuit | COLLAR | PCIVIS |

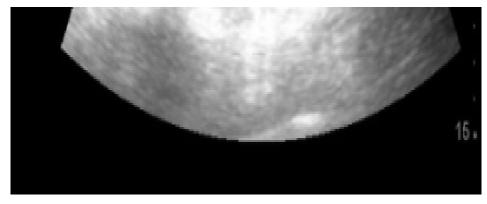
## Ultrasound

Because of CT's high accuracy for diagnosing and characterizing SBO and because of the inherent limitation of US in adults in this situation, US has rarely been used for this purpose. Compared with sonography, CT (or MRI) generally provides more information as to the status of the entire gastrointestinal tract, the 3-D anatomy, and the underlying causes and complications of SBO, and it is preferred by surgeons for adult patient management. In skilled hands, US was reported to have a nearly 90% success rate for diagnosing SBO [8,56-58], with a sensitivity of 91% and a specificity of 84%, in a prospective study of 76 patients with suspected SBO who underwent bedside US [59]. In an older study [60], CT proved superior to US in diagnosing intestinal obstructions. In the pediatric age group, US has proven useful in evaluating intussusception [52], midgut volvulus [61], and other causes of SBO [62].



## Tips and Tricks: Clinical Ultrasound for Small Bowel Obstruction – A Better Diagnostic Tool?

Alice Chao, MD and Laleh Gharahbaghian, MD, FACEP



There are some limitations to diagnosing SBO with ultrasonography. Partial SBOs may be more difficult to identify on US. Though possible, it is more challenging to identify the location of obstruction and the transition point. Finally, the specific cause of the SBO may not be adequately evaluated. Rapid identification of SBO on bedside ED US can expedite treatment such as nasogastric tube placement, which will aid in

symptomatic relief and progression of disease, as well as notifying the appropriate consultation service. US for SBO may be the most exciting new application of ultrasound coming to the bedside!

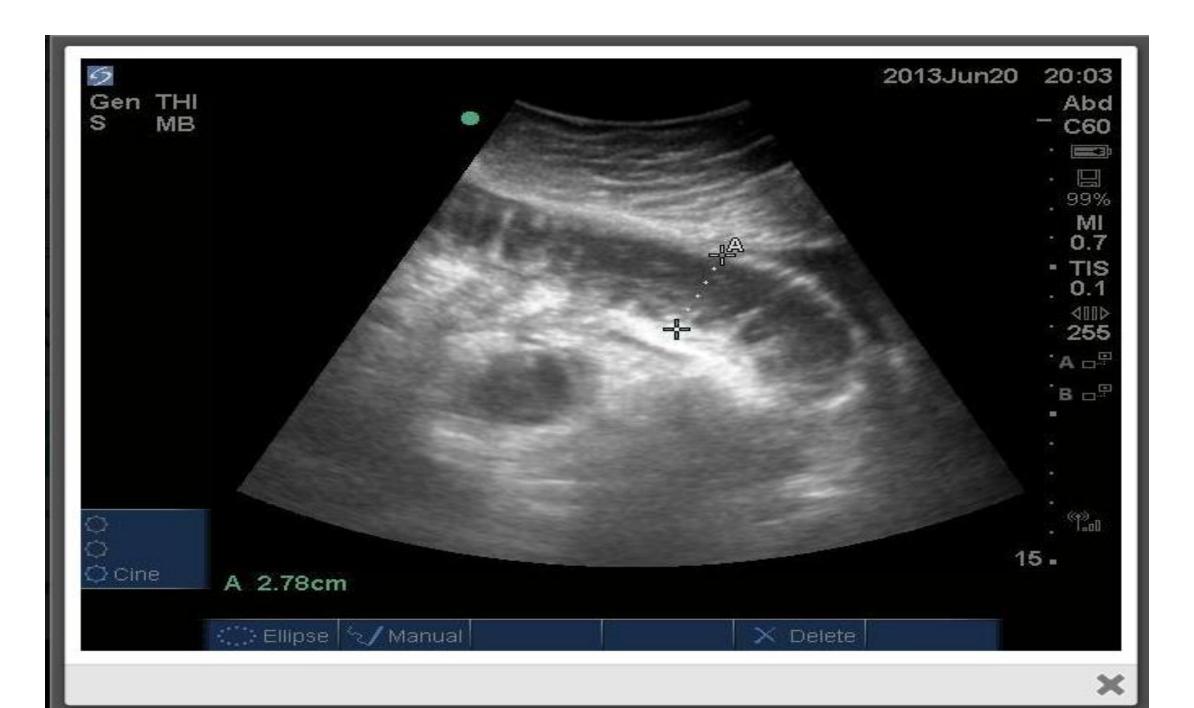


## 69 y, k, karın ağrısı

#### **Emergency Ultrasonography**

Resources and Tutorials on EM Ultrasound







#### **ALGORITHM**

Patient presents with clinically suspected SBO

Bedside US

US consistent with SBO

Emergent surgical consultation and consider nasogastric tube

US equivocal

Obtain labs &

KUB and/or CT

abdomen/pelvis

## Özetle

- İleus=adinamik ileus=nonmekanik obstrüksiyon
- İnce bağırsak obstrüksiyonlarında;
  - İlk tercih edilecek yöntem abdominal grafi (ciddi obstrüksiyon kriterlerini belirle)
  - Ve/veya USG ile konfirme et.
  - Ciddi obstrüksiyon düşünülüyorsa kontrastlı CT (kontrast kontrendikasyonu varsa kontrastsız)
- Yatış?

