

Sample Agenda for PALS Course

12 Students, 2 PALS Instructors

Approximately 12 hours 30 minutes with breaks, 11 hours 40 minutes without breaks

Day 1	
8:00-8:05	Course Introduction
8:05-8:25	Lesson 1: CPR Coach and High-Performance Teams
8:25-9:25	Lessons 2A and 2B: BLS Testing Stations <ul style="list-style-type: none">• Child High-Quality BLS Test (30 minutes)• Infant High-Quality BLS Test (30 minutes)
9:25-10:10	Lessons 3A-D: Video Case Discussions <ul style="list-style-type: none">• Initial Assessment (5 minutes)• Primary Assessment (10 minutes)• Respiratory (10 minutes)• Shock (10 minutes)• Arrhythmia (10 minutes)
10:10-10:20	Break
10:20-10:40	Lesson 4A: Learning Station: Airway Management
10:40-12:20	Lesson 5: Respiratory Case Scenario Practice (4)
12:20-12:50	Lunch
12:50-1:10	Lesson 4B: Learning Station: Vascular Access
1:10-2:50	Lesson 5: Shock Case Scenario Practice (4)
2:50-3:10	Lesson 4C: Learning Station: Rhythm Disturbances/Electrical Therapy
3:10-4:00	Lesson 5: Arrhythmia Case Scenario Practice (2)

Day 2	
8:00-8:15	Recap
8:15-9:05	Lesson 5: Arrhythmia Case Scenario Practice (2)
9:05-10:20	Lesson 6: Case Scenario Testing (3)
10:20-10:30	Break
10:30-11:30	Lesson 7: Exam
11:30-12:30	Class ends and remediation

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